

# AA

## September

“First Things First”

# Unity LiveWire

577 Broadway Avenue Lorain, Ohio 44052

Monday-Friday 9AM-5PM

Phone 440 246-1800

[aaloraincounty.org](http://aaloraincounty.org)

# AA

## 2007

“Easy Does It”

### Paradox #1: Surrender

**We SURRENDER TO WIN.**

On the face of it, surrendering certainly does not seem like winning. But it is in AA. Only after we have come to the end of our rope, hit a stone wall in some aspect of our lives beyond which we can go no further; only when we hit "bottom" in despair and surrender, can we accomplish sobriety, which we could never accomplish before. We must, and we do, surrender in order to win.

c.2003 AAWS, Experience, Strength and Hope, pp. 155-156  
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### Paradox #2

**We GIVE AWAY TO KEEP.**

That seems absurd and untrue. How can you keep anything if you give it away? But in order to keep whatever it is we get in AA, we must go about giving it away to others, for no fees or rewards of any kind. When we cannot afford to give away what we have received so freely in AA, we had better get ready for our next "drunk." It will happen every time. We've got to continue to give it away in order to keep it.

c.2003 AAWS, Experience, Strength and Hope, p.156  
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### Paradox #3

**We SUFFER TO GET WELL.**

There is no way to escape the terrible suffering of remorse and regret and shame and embarrassment which starts us on the road to getting well from our affliction. There is no new way to shake out a hang-over. It's painful. And for us, necessarily so . . . We suffer to get well.

c.2003 AAWS, Experience, Strength and Hope, p.156  
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The Second Annual Porky Pig Roast was a Great successes, it made a profit of 1,554.00 for the Lorain Central Office. The 50/50 raffle, gave the winner Amy N., from Grafton, a prize of \$508.00 This is the second year in a row that the Pig Roast was a Sellout. We would like to thank all those that attended the Pig Roast and the workers that made it possible , the Bands that played at the Pig Roast, Blind Sides, and 1/2 Measurers who made it a fun time.. We hope to see you there next year. God Bless and thank you all.  
Lorain County Central Office

### The Dark Side:

Have you ever gone outside at night and looked closely at the new moon? Or looked through a telescope at the moon when it was crescent shaped? Although what we see is a bright slice, we know there's more. Even when the moon is full and lights the night sky, there's a dark side to the moon.

There's a dark side to us too. We all experience jealousy, envy, bitterness, resentment. How about neediness? Ugh. Who wants to shine a light on that?

What about all those fears? Fear of failure, fear of success, fear of intimacy, fear of going broke, fear of the unknown, fear of growing old, fear of being alone, fear of being with someone, fear of losing control.

Then there are other parts of us that we would prefer to keep darkened and out of sight, parts such as greed, dishonesty, intolerance, disgust, hatred. Although some people have no problem showing anger, others of us prefer to keep that out of sight too. And what about our manipulative part? Who wants anyone to see that?

Some of us may even consider the dark side of ourselves forbidden. We may refuse to acknowledge it exists because we believe it's wrong. Not acknowledging our dark side doesn't wish it out of existence, any more than not seeing the dark side of the moon makes it disappear.

Most sane people agree that they don't want to be controlled by their dark side. We don't want parts of ourselves - jealousy, neediness, and greed - to control our behaviors. But when we don't acknowledge these emotions and traits, they can gain control. The more we try to repress something, the more it fights for its life.

Don't be afraid. Shine a light on that dark part. At least look at it briefly. Acknowledge it's there. Take some of the pressure off. Let yourself be well rounded, instead of one-dimensional. We don't just have a light side, a bright side. Nobody is always loving, always kind, always generous, and always thoughtful.

Thought to Ponder . . . Nothing is so bad that a drink won't make worse.

• • Today I will stay free of self-pity so I can receive God's strength. • •

**Mon. Night  
Lorain  
7:30 PM**

Zion Lutheran Church  
5100 Ashland Ave.  
**3rd. Amy B.**  
**10th. Ken R.**  
**17th. Dennis**  
**24th. Sober A.**

**Grafton  
Wed. Night  
8:30 PM**

Grafton Fire Station  
1050 Novak Rd.  
**5th. Chris B.**  
**12th. Jesse T.**  
**19th. Tom N.**  
**26th. Pete S.**

**Fri. Night  
Faith Group  
11:00 PM**

1741 N Ridge Rd.  
**7th. Shawn M.**  
**14th. Red Ball**  
**21st. Jill S.**  
**28th. Ask it  
Basket**

**The Lorain Central Office Meeting** is the **1st. Sunday** of the month at **12:30 PM**. It is very **Important** that all the **Secretaries** of each **Group** attend this meeting. **We urge your Attendance** (Be Informed, Get Active) **(Oct. 7th., 2007)**

**G.S.R./D.C.M. Meeting:** The Multi-District meeting is held at **11 AM** on the **1st. Sunday** of the month. This meeting is for the General Service Rep's. (**G.S.R.**) of each Group and the District Committee Member's (**D.C.M.**). If you want to learn more about service attend this meeting. **(Oct. 7th., 2007)**

**Mid- Night  
Elyria Group  
Sat. 12:00 PM**

St Mary's Church  
4th & Middle Ave.  
**1st. Mark**  
**8th. Tom S.**  
**15th. Kinsbury G.**  
**22nd. Juan O.**  
**29th. Scott**

**Elyria Sun.  
Night  
7:30 PM**

St. Jude's School  
594 Poplar St.  
**2nd. No Meeting**  
**9th. Bob C.**  
**16th. Maryann S.**  
**23rd. Dolly A.**  
**30th Jack E.**

**Easy  
Does  
It**

**Advisory Board Meeting:** The meeting will be held at **6:30 PM** on the **3rd. Thursday** of the month, at the **Central Office.** **(Sept 20th., 2007)**

**Notice to All Group Secarities:** When I became a secretary of my Home Group I was told that I had to attend the Lorain Central Office Meeting the first Sunday of the month at 12:30 PM at the Central Office. So that I would be aware of what was going on in Alcoholics Anonymous in Lorain County. I did that for the three years, that I was secretary of the group. We have 112 groups in Lorain County and at the meetings we only get about 3 secretaries or group members at each meeting. When you attend this meeting you can purchase the literature for your group, get the latest meeting schedule, get copies of the LiveWire, help with your advice on solving some of the problems effecting A.A. in Lorain County. If you are the secretary of your group please attend the meeting yourself or send a representative from your home group to the meeting. We hope to see you at the next Central Office Meeting or someone from your home group. **(Russ W.)**

• List Your •  
• Group Anniversaries •  
• Leads •  
• Special Events •  
Make the **LiveWire** your **News Media**  
There is always space Available for **YOUR News (SHARING)**  
Thank You

• List Your • Anniversary •  
Sept. 1st. Chuck F. 20 yrs.  
Sept. 2nd. Arlen G. 2 yrs.  
Sept. 3rd. Amy B. 3 yrs.  
Sept. 5th. Mary Ann S. 5yrs.  
Sept. 5th. Sandy H. 16 yrs.  
Sept. 12th. Tracy T. 22yrs.  
Sept. 17th. Linda H. 27yrs.  
Sept. 25th. Naaman 19yrs.  
Sept. 29th. Steve H. 31yrs.

**Quote of the Week:** "There are only two times when you should go to a meeting - when you feel like going, and when you don't feel like going.

It's hard living with a disease that tells me I don't have it. When I'm in between meetings and life is busy, it's easy for me to think of going to a meeting as an imposition. "I'm fine. I don't want to drink, haven't in years, and I'm too busy for a meeting!" That kind of thinking can get me into big trouble.

One of the most valuable lessons I've learned in the program is to take contrary action to what my head is telling me. In fact I've learned that when my head is telling me I don't need a meeting, it actually means that I REALLY need one. And without exception, I always feel better when I go.

The only thing an alcoholic does in moderation is work the steps. It's cunning, baffling and powerful when my head tells me not to do something that makes me feel better. This is why I just have to take the action and do it anyway. So for me, there are only two times when I should go to a meeting - when I feel like it and when I don't.

**Lorain Central Office 50/50 Raffle Winner: Troy S.. \$118.00, Sold by C/O. Just another way you can Help support the Central Office. Buy a TICKET from any Advisory Board Member.**

**Concepts 9:** Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.

**Step 9:** Made direct amends to such people wherever possible, except when to do so would injure them or others.

**Promise 9:** Our whole attitude and outlook upon life will change.

**Tradition 9:** A.A. As such, ought never be organized; But we may create service boards or committees directly responsible to those they serve.

**Elyria Sunday Night Group**

**St. Jude's**

**Annual Steak Fry**

Join us at

**Cascade Park in Elyria  
W. River Road Entrance**

**1:00 PM to 4:00 PM**

Date:

**Sept. 16, 2007**

Meal includes:

*Steak, salad, potato, corn on  
The cob, dinner roll, coffee,  
desert, and lots of  
Fellowship*

Cost: \$10.00 per person  
(soft drinks \$.50)

**Arid Fellowship Center**

**Space Available**

**30x30 Bldg.**

**Meeting Rooms**

**For More Info.**

**Contact:**

**Mark Weaver**

**440 225-3031**

**HELP NEEDED**

To carry the message to other Alcoholics in the Lorain County Prisons & Jails:

**Mondays thru Thursdays**

Requirements:

**1 yr. Sobriety**

(if you would like to help)

**Please Call:**

**Russ Walker**

**440 668-6650**

**Children's Christmas Party:**

We need many volunteers to help make this Children's Christmas Party a success. We are having a planing meeting.

Date: **Sunday, September 16, 2007**

Time: **Noon**

Place: **Lorain Central Office**

**577 Broadway Ave., Lorain, Ohio**

Hope you will help us to make this year party the best yet. If you have any questions about the meeting contact:

**Troy Smith (440 365-9018)**

**Compass Roses**

**3rd. Annual**

**Spaghetti Dinner**

**Sunday Sept. 30th.**

**St. Ladislaus**

**School Hall**

**2926½ Wood Ave.**

**Lorain**

Serving: **11:00am to**

**3:00pm**

**Homemade Spaghetti**

**\$5.00 Donation,**

**Come out & have a**

**GREAT time!!**

**32nd. Anniversary**

**Mid-night Elyria**

**Group**

**Sat. 12:00 PM**

**St Mary's Church**

**4th & Middle Ave.**

**Elyria (NS)**

**September 15th.**

**Lead:@ 12:00 PM**

**Kinsbury G.**

**Food Served after**

**Lead:**

**Pizza, Cake,**

**Door Prizes:**

**"With God, all things are possible!"**



**Key Brunch Breakfast Buffet**

**Sept. 22nd.**

Time:

**9:00 AM to 12:00 PM**

At: **German's Villa**

**3330 Liberty Ave.(Rt.6)**

**Vermilion, Ohio**

**Between Rt.60 & Baumhart Road**

**Donation \$12.00**

**Call for Info:**

**The Key 244-4566**

**10<sup>th</sup> Annual**

**"Fall In Sobriety"**

**Women's Mini-Convention**

**Theme: Attitude of Gratitude**

**Saturday, October 20<sup>th</sup>, 2007**

**9 am until 3:00 pm**

Tickets - **\$15.00**

**Held at:**

**Rosewood Place**

**4493 Oberlin Avenue,**

**Lorain, OH 44053**

**A Continental Breakfast & Luncheon Will be Served**  
**Panel Speakers, Lead Speaker, Raffles & Lots of Recovery**

Please Note: This is non-smoking

**Contact by Phone or email:**

**Kathy C. (440) 365-1925**

**kcurrence1@yahoo.com**

**Linda S. (440) 323-9217**

**diamonds97@windstream.net**

Pre-Registration tickets only.

Tickets **can not** be sold at t

**Service Through Actions!!!!**

**Arid Fellowship Center**

**5th. Chapter**

**Motorcycle Club**

**Dinner & Dance**

**Sept. 29th.**

**Dinner 6pm-10pm**

**Dance 8pm-12am**

**Steak & Chicken Fry**

• **HD Entertainment** •

• **50/50 Raffle** • **Door Prizes** •

**FUN • FUN • FUN**

**\$15.00 per person Donation,**

**Ticket Purchase**

**BEFORE Sept. 22nd.**

**Come out & have a GREAT time!!**

**Call for Info:**

**Arid Club 233-4801**

**Pyro 216 324-0498**

----- Trust God, Clean House, Help Others. -----

**Note from the Editor:** We need HELP!!! A.A. Members to carry the LiveWire to their Group and to other Groups in the District." Please Carry the Message" . We also need members to be reporters, gathering information about what is happening in their District. Become a member of the LiveWire committee. Thank You the Editor

\*To submit information for the news letter please contact: **Russ Walker** or **Jim Parks** via: **Call**, \*email or leave the information at the **Central Office** before the **25th.** of each month.

## Committee Chairs

### Unity LiveWire Committee

Russ Walker.....327-1308  
\*e mail russ8859@aol.com  
Jim Parks.....385-5687  
\*e mail parksphoto@adelphia.net

### Reporter

Bobbi Matear.....537-4280

### Internet Committee (aaloraincounty.org)

Mike Smeck.....522-2163  
e mail webmaster@aaloraincounty.org  
Susan B.....989-4466  
e mail treetop@aaloraincounty.org  
Donna L.....574-3464  
e mail queendlawson@yahoo.com

### WebMaster (aaloraincounty.org)

Mike Smeck.....522-2163  
e mail webmaster@aaloraincounty.org

### Archives Committee

Kevin Sexton.....323-9217  
e mail bigbook@alltel.net

## Correctional Committee

Russ Walker.....327-1308  
e mail russ8859@aol.com  
Maureen Leach.....967-6305  
Coretta Farley.....308-1714

## District Committee

District #19a (Sheffield Lake, Avon Lake, Sheffield, Avon, N. Ridgeville, Eaton, Columbia, Grafton Meetings)  
DCM. MaryAnn Schulz.....453-4115  
e mail maschulz.oh.rr.com

District #19b (Lorain City Meetings and some in Vermilion )  
DCM. Craig Warren.....989-2786  
Alt. Edwin Tories.....989-0362

District #20a Vacant. (All of Elyria City Meetings a Carlisle)  
DCM.Judy Sexton.....322-2619

District #20b (All Meetings at ARID Club)  
DCM.Judy Sexton.....322-2619  
Alt.Marilyn Oliver.....284-9834

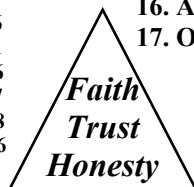
District #20c (LaGrange, Penfield, Brownhelm Tnsp., Amherst, Henrietta Tnsp., S. Amherst, Kipton, Oberlin, Camden Twsp., Pittsfield Twsp., Brighton Twsp., Wellington Meetings)  
DCM.Donna Lawson.....574-3464

## Board Of Directors

Chairperson Tom Ortiz.....315-8600  
Vice-Chairperson Troy Smith.....365-9018  
Treasurer Bill Post.....933-4153  
Secretary Donna Lawson.....574-3464  
Office Managers George Schmidt.....288-8935  
Sam Hensley.....288-4942

## Advisory Board Members

Tom Banks.....309-3226  
Bill Jackson.....935-3251  
BobPaton.....965-7786  
Terri Poznako.....225-6897  
Russ Walker.....327-1308  
Mark Potter.....452-5946



### Rents: Month of July, 2007

1. Blue Monday
2. We Care Tuesday Morn. Disc.
3. Tuesday Night Central
4. Mid Week Morning Disc.
5. Strength In Sobriety
6. Friday Men's Discussion
7. Lorain Consolidated Group
8. Sharing Out Sobriety S.O.S Group

### Phone Line Report:

Month of Aug., 2007  
12 Step Calls.... 15  
Sponsorship..... 5  
Al-A-Non..... 9  
Meeting Info.... 190  
General Info.... 104  
Total:.....323

## Financial Report

Listed below are the Profit & Loss spread sheet, the group donations and the rents for the month of July, 2007.

<u>Expenses</u>		<u>Donations</u>	
1. Rent	\$ 675.00	1.....	\$ 1,693.03
2. Columbia Gas	\$ 24.83	2.....	\$ 912.50
3. All Service Telephone	\$ 140.88	3.....	\$ 495.91
4. Ohio Edison	\$ 139.77	4.....	\$ 1,071.90
5. Century Telephone	\$ 128.87	5.....	\$ 0.00
6. House Managers	\$ 1,549.10		
7. Pay Cor Fees	\$ 53.41		\$ 4,173.34
8. Live Wire Printing	\$ 36.00		
9. Windstream Yellow Pages	\$ 18.30	<u>Donations/Rent</u>	\$ 4,173.34
10. Fitzgibbons & Arnold (Liability Insurance)	\$ 1,000.00	<u>Expenses</u>	\$ 3,827.16
11. Office Cleaning	\$ 40.00	<u>Gain July 2007</u>	\$ 346.18
12. Tom Ortiz (Faxing of Insurance Claim)	\$ 21.00		
	<u>\$ 3,827.16</u>		

## Donations for the month of July, 2007

When making Donations to the Lorain Central Office, Area 54, Multi-District, or the General Service Office in New York PLEASE put your Groups General Service number on the Donation. You can find your Groups GS number in the meeting schedule or on the internet at [aaloraincounty.org](http://aaloraincounty.org) under A.A. Meetings. Please put your Area & District numbers on the donation, it also helps to identify your Group. If you don't have a General Service number under your Groups information in the meeting schedule you can contact your District Committee person listed in the LiveWire to help you get registered.

1. Blue Monday
2. Monday Night Lorain
3. LaGrange Monday Night
4. New Beginnings Big Book Disc.
5. Ford Local 425 Group
6. We Care Tuesday Morning
7. Crazy But Sober Big Book Study
8. S.I.O.G.A.
9. Mid-Week Morning Disc.
10. Wed. Morn. Disc. Wellington
11. Grafton Wednesday Night
12. Carlisle Noon Disc. Group
13. Elyria New Way Of Life Group
14. Early Morning Disc. Elyria
15. Strength In Sobriety
16. Attitude of Gratitude Oberlin
17. Oberlin Group
18. Elyria Friday Night
19. Vermilion 12 X 12 Disc.
20. Wellington Friday Group
21. Spanish American
22. Friday AM Disc.
23. Serenity Hall
24. Saturday Night Security
25. Amherst Saturday Group
26. St. Mary's Saturday Midnight
27. Saturday Morning Disc.
28. Harbortown Breakfast Group
29. Lorain Consolidated Group
30. Sunday Night St. Judes Elyria
31. Sunday Night Sobriety Lorain
32. Sharing Oud Sobriety S.O.S Group
33. Lorain Central Office 50/50 Raffle
34. Anonymous

**Prayer for the Day:** I pray that I may be honest with myself, and that I will continue • with the help of God and my friends • to try to get to know the real me. May I know that I cannot suddenly be a pulled-together, totally defined, completely consistent personality; it may take a while to develop into that personality, to work out my values and my priorities. May I know now that I have a good start on being who I want to be.

**Thought to Ponder . . .**"Prayer doesn't always change things for you; But it does change you for things." (Oswald Chambers)