

November

“Easy Does It”

• area54.org •
aaloraincounty.org

Unity LiveWire

710 Broadway Avenue Lorain, Ohio 44052

Monday-Friday 9AM-5PM

Lorain Inter-Group Central Office email address: intergroup@centurytel.net

Phone 440 246-1800

2008

“First Things First”

• aa.org •

aaloraincounty.org

The Fellowship

Celebrates Gratitude Month:

“Gratitude should go forward, rather than backward,” wrote Bill W. in a 1959 letter. “In other words, if you carry the message to others, you will be making the best possible repayment for the help given you.”

For many A.A.s, these words, especially when combined with the quote referenced throughout the Big Book that “Faith without works is dead,” serve as a sure-fire recipe for love and service.

Gratitude is an integral part of sobriety—both on an individual and a group level—and for over 50 years the Fellowship has officially focused on gratitude in the month of November. This began in 1956 when the Sixth General Service Conference approved a motion asking the General Service Office to designate Thanksgiving Week each year as “A.A. Gratitude Week.”

Grateful for the sobriety they’ve been given and eager to pass it on, countless A.A. groups use the month of November to open the door of gratitude ever wider. Many groups hold Traditions meetings or topic meetings focused on gratitude. Many hold Gratitude Dinners, combining home cooked meals with A.A. speaker meetings and fellowship, renting halls, selling tickets for the meal, and sending any proceeds raised to the General Service Office or their local intergroup/central office. On a personal level, many A.A. members are busier than ever, reaching out to Loners, people with special needs, members of minority groups and previously unreached alcoholics, finding their own special ways to say thank you during Gratitude Month and, indeed, all year long.

Some groups like to take time in November to focus on A.A. history and remembering the vital strands of spiritual influence, information and help that A.A.’s nonalcoholic friends brought to the Fellowship in its early years—help and influence that they continue to provide today. By holding Big Book meetings and meetings centered on A.A. history, or having a group video night showing “Markings On the Journey,” A.A.’s critical legacy of service can be nurtured and expanded, giving newcomers a sense of connection to the Fellowship’s illustrious past.

A couple of Canadian members recently came up with an innovative way to celebrate Gratitude Month (which is October in Canada), suggesting contributing the price of a bottle of beer for each year of their sobriety in order to buy subscriptions to the Grapevine for local institutions. “Many members thought it was a good idea,” wrote Jack S. of Sault Ste. Marie, “because when they were incarcerated the Grapevines they received helped to keep them sober.”

At least twenty members, from two months to forty three years sober, donated money toward this goal and Jack was happy to report “we collected enough money for ten three-year subscriptions to the local institutions in Ontario, Canada.”

Gratitude can be expressed through actions big and small, and some A.A.s find November to be a good time simply to invite a sponsor or sponsee to lunch, or to reach out to oldtimers and out-of-towners who show up at their home group meetings. As noted in the essay on Step Twelve in Twelve Steps and Twelve Traditions, “We sit in A.A. meetings and listen, not only to receive something ourselves, but to give the reassurance and support which our presence can bring. If our turn comes to speak at a meeting, we again try to carry A.A.’s message. Whether our audience is one or many, it is still Twelfth Step work.”

Gratitude. It serves us best when it’s kept alive, in our individual lives and in our group conscience. A.A. is a program of action and while gratitude can’t possibly be confined to a single week, a particular month, or even a given year, a special investment of gratitude during November will often bring a full return.

“I try to hold fast to the truth that a full and thankful heart cannot entertain great conceits,” wrote Bill W. in a March 1962 Grapevine article. “When brimming with gratitude, one’s heartbeat must surely result in outgoing love, the finest emotion that we can ever know.” (*Box459 Vol. 54, No. 5 / October-November 2008*)

“What a different world this would be if people would magnify their blessings the way they do their troubles.”

Grateful: Today I am grateful for a new life, one in which my prayers are those of thanksgiving. My prayer time is more for listening than for talking. I know today that if I cannot change the wind, I can adjust my sail. I know the difference between superstition and spirituality. I know there is a graceful way of being right, and many ways to be wrong.

Awakening : Alcoholics Anonymous, I was told, is a spiritual program, not a religious one. Through the years of darkness, some spark of spirit remained in me, helped me survive until I found my way unto AA. Then, nurtured by the program, that inner spirit grew, deepened, until it filled the emptiness I had so long felt inside. Step by step I moved to a spiritual awakening. Step by step I cleared up the past and got on with the present. © 2001 AAWS, Alcoholics Anonymous, p. 346

*But
for the
Grace
of God*

**Fri. Night
Faith Group**

11:00 PM
1741 N Ridge Rd.
7th. Theresa B.
14th. 11th. Step
21st. Cliff J.
28th. Red Ball

There is always
Space
Available in
The LiveWire
for your Group
Messages, News
& Activities
Contact:
James P.
440 385-5687

G.S.R./D.C.M. Meeting: The Multi-District meeting is held at 11 AM on the 1st. Sunday of the month. This meeting is for the General Service Rep's. (G.S.R.) of each Group and the District Committee Member's (D.C.M.). If you want to learn more about service attend this meeting.

Notice to the Lorain A.A. Community:

On the first Sunday of every month at the Inter-Group Office at 11:00 AM, we have a G.S.R. Meeting (The Service Leaders for his or her Group, Your Groups). Lorain County has approximately 120 Meetings in the County and only 16 people showed up Representing these 120 Meetings. What's wrong with this attendance?

We all have to carry the message to the Alcoholic, and in what better way can we do this, then to be active and informed. If you don't have a General Service Representative elect one, your group needs representation. Have a voice in A.A. Lets get active and have your group be a part of that VOICE.

Patty McM.

The Lorain Inter-Group Meeting is the 1st. Sunday of the month at 12:30 PM. It is very Important that all the Secretaries of each Group attend this meeting. We urge your Attendance (Be Informed, Be Active)

Advisory Board Meeting: The meeting will be held at 6:30 PM on the 3rd. Wednesday of the month, at the Inter-Group Office.

Need A.A. Volunteers to Speak, Lead and or Assist at the Lake Point Nursing Home on Monday's 7 PM.
Contact Coretta Farley. 308-1714

Thought to Ponder . . . Take a walk with God. He will meet you at the Steps.

Lorain Inter-Group 50/50 Raffle Winner: Tom N., \$77.00 was Sold by Inter-Group Office. Just another way that you can Help support the Lorain Inter-Group. Buy a TICKET from any Advisory Board Member. Be A Winner

NEW Meetings: 12&12 @ High Noon, Thursday; Arid Club, 1741 N. Ridge Rd., Sheffield Township for more info contact Sandy W. 440 610-7777

Concepts 11: The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, Induction procedures, and rights and duties will always be matters of serious concern.

Step 11: Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

Promise 11: We will intuitively know how to handle situations which used to baffle us.

Tradition 11: Our public relations policy is based on Attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and film.

**Mid- Night
Elyria Group**

Sat. 12:00 PM
St Mary's Church
4th & Middle Ave.
1st. Fred W.
8th. Greg R.
15th. Larry H.
22nd. Ask it Basket
29th. Bobbi M

**Amherst Sat.
Group**

8:00 PM
Church of the Nazarene
210 Cooper-Foster Rd.
1st. Terry P.
8th. Tim M.
15th. Steve G.
22nd. Brian H.
29th. Jacki C.

**Lorain
Consolidated**

Sun. 2:30 PM
710 Broadway
2nd. Sober A.A.
9th. Nicole R.
16th. Nelson G.
23rd. Carlos V.
30th. Anita C.

MOVED: LCADAS, to St. Joseph Community Hospital, 205 West 20th. Street, 4th Floor. Get active and help someone! The LCADAS is in need of VOLUNTEERS to help Men with Rides, Sponsorship, Big Book Study and many other tasks. Think about giving back. We all know the best way to stay sober is to give back. So let's show some love for our treatment centers and show the new person how people in A.A. take care of each other.
For more Info call: Ron Posse 440 246-0109

"Alcoholics Anonymous does not work in theory --
It only works in practice!"

***To submit information for the news letter please contact: Jim Parks 440 385-5687 or Bobbi Matear 440 537-4280 via: Call, *email or leave the information at the Inter-Group Office before the 25th. of each month.**

Daily our spirits are renewed.

For most of us, a spiritual awakening does not come once and for all. Instead, we have small flashes of insight here and there, and every once in a while we look back and realize with gratitude how the promises of the program have been coming true for us.

Just as our bodies need daily nourishment, so do our spirits. We can seek people and experiences that leave us feeling warm and uplifted. We can take time each day to become quiet in mind and body so that we hear the inner messages that refresh our spirits. We can read something inspirational, listen to good music, look at a beautiful painting or a sunset, grasp a friend's hand in understanding, and say a prayer.

Our spirits bounce back from hurt and depression. They are more easily renewed when we take proper care of our bodies, since we are a total entity of heart, mind, body, and spirit.

Today, I will look for ways to feed my spirit.

G R A T I T U D E

Survivors List:

Groups in need of
Support to stay afloat Please
Attend, Contribute,
Be Active, Help Chair,
Be a Secretary,
Be Responsible

Blue Monday

Mon. 10:30 AM

710 Broadway Ave. Lorain

Sisters of Sobriety

Wed. 7:30 PM

Firstmerit Bank
Center Ridge Road
North Ridgeville

Friday Morn. Trad.

Fri. 10:00 AM

St. Clarence Church
30106 Lorain Rd. N. Olmsted

St Agnes Thurs. Gp.

Thurs. 8:00 PM

St. John's Luthern Church
W. River Road

Sun. Night Serenity

Sun. 8:00 PM

Tues. Lunch Break

Tues. 12:00 Noon

Friday Night Faith

Fri. 11:00 PM

Arid Club, 1741 N. Ridge Rd.,
Sheffield Township

We Need Your Help!!

Don't let them Close

HELP SUPPORT

THE GROUPS.

Schedule of events:

- Nov.23 • Return raffle tickets and money to Central Office 12:00 pm
- Nov.30 • Last day ticket request form returned to troy
- Dec.5 • Dance at ST. Anthony's
- Dec.7 • Pick up children's tickets after Central Office meeting
- Dec.7 • Go to Sam's Club
- Dec.14 • Stocking Stuffing 1:00 pm
15704 Trinter, Vermilion OH.
- Dec.15 • order pizza
- Dec.21 • Christmas Party
9:00 am • 15704 Trinter for Transporting
10:00 am • Set up at ST.John's Hall
12:00 pm • Costume people at Hall
1:00 pm • Party Starts
4:00 pm • Clean Up Starts
5:00 pm • Transport Stuff back to
15704 Trinter

**NEED COOKIES, COOKIES
and more COOKIES!!!!**

*If you have any questions about the Schedule
contact: Troy or Brenda (440 365-9018)
(440 506-1744)*

- November Anniversary •
 - 1st. Cliff J. 1yrs.
 - 1st. Joann B. 6yrs.
 - 2nd. John F. 2yrs.
 - 4th. Margaret 6yrs.
 - 5th. Nicole R. 1yrs.
 - 11th. LeeAnn O. 5yrs.
 - 14th. Kaye A. 23yrs.
 - 15th. Christy G. 2yr.
 - 16th. Jeannie C. 27yrs.
 - 16th. Nelson G. 1yrs.
 - 19th. John W. 22yrs.
 - 25th. Curtis N. 53yrs.
 - 27th. DC M. 19yrs.
 - 28th. Clyde McC. 37yrs.
 - 29th. Scott C. 19yrs.
 - 30th. Mike H. 24yrs.
 - Oct. 16th. Ellie H. 21yrs.

Arid Fellowship Center

*Needs Volunteers to
be part of the
Entertainment
Committee to help in
the planing and setup
of events throughout
the year.*

*If interested Contact:
Arid Club (440 233-4801)
Jerry (440 452-1600)
Bobbie M. (440 537-4280)
Trini (440 670-2563)
Leave a message
Thank you*

11th Annual "Fall In Sobriety" Women's Mini Convention

**Saturday, Nov. 8th,
9 am until 3:00 pm**
Tickets - \$15.00

Rosewood Place
4493 Oberlin Avenue,
Lorain, OH 44053
A Continental Breakfast &
Luncheon Will Be Served
Panel Speakers, Lead Speaker,
Raffles & Lots of Recovery
Please Note:
This is non-smoking
Contact by Phone or email:
Kathy C. (440) 365-1925
kc426358@yahoo.com
Linda S. (440) 323-9217
diamonds97@windstream.net

St. Anthony's Christmas Dance

*Benefits the Kids
Christmas Party
At St. Anthony's Church
on Lake Road
Music, food, fun, fellowship,
and BIG 50/50
December 5, 2008*

*At 9:00 p.m. Following the meeting
For information call
Tommy Ortiz 315-8600
Tickets: \$5• \$6 at the door*

Anniversary • 37 years • November 16th.

Elyria Sunday Night 7:30 PM

**St. Jude's School
594 Poplar St.**
• Lead : **Nammon T.** •
• Prizes •
• Fellowship •
• Cake & Ice cream •

Thanksgiving Dinner

*Arid Fellowship Club
NOV. 27th.
OPEN 10:30 AM
NOV. 28th.
CLOSED 12:30 AM*

*Food • Fun • Raffles
Fellowship*

Cover Dish Appreciated
For more Info call:
Arid Club 233-4801
Bobbi M. 537-4280

Sisters In Sobriety

*Closed Women's
12 Step Discussion Group
3rd. Anniversary
Celebration*

Wed. November 19th.
Food at 7:00 pm
Lead at 7:30 pm
**Firstmerit Bank
Center Ridge Road
North Ridgeville**

Phone Line Report:

<u>Month of Sept., 2008</u>	
12 Step Calls.....	7
Sponsorship.....	5
Al-A-Non.....	10
Meeting Info.....	133
General Info.....	66
Total:.....	221

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We need volunteers from our Lorain County A.A. Community to help on all these various Committees listed, if anyone is interested please contact one or more of the chairperson and **VOLUNTEER!!!!**

Help Make A Difference

Committee Chairs

Unity LiveWire Committee

Jim P.440 385-5687

*e mail jbparks2542@yahoo.com

Internet Committee (aaloraincounty.org)

Mike.....440 670-9910

e mail webmaster@aaloraincounty.org

Cooperation with the Professionals Committee

Alan Revercomb440 541-2473

Correctional Committee

Eddie Logan.....440 829-7541

Archives Committee

Mary Ann Schulz.....440 453-4115

Young Peoples Committee

John Flores.....440 308-5421

Treatment Facilities Committee

Edwin Torres.....440 989-0362

Picnic Committee

Sue Prosser.....440 309-0491

Finance Committee

Mark Potter.....440 452-5946

Pig Roast Committee

Troy Smith.....440 365-9018

Special Needs Committee

Maggie Middleton.....440 775-1274

Memorial Day Breakfast Committee

Terry Poznako.....440 225-6897

Grapevine Committee

Sarah Lamb.....440 787-7520

District Committee

District 19A (Sheffield Lake, Avon Lake, Sheffield, Avon, N. Ridgeville, Eaton, Columbia, Grafton DCM. James B. ?

District 19B (Lorain City Meetings and some in Vermilion)

DCM. Yolanda A.440 654-3429

District 20A (All of Elyria City Meetings a Carlisle) DCM. Judy Sexton.....440 322-2619

District 20B (All Meetings at ARID Club)

DCM. Kevin Snodgrass440 241-7166

District 20C(LaGrange, Penfield, Brownhelm

Tnsp., Amherst, Henrietta Tnsp., S. Amherst, Kipton, Oberlin, Camden Twsp., Pittsfield Twsp., Brighton Twsp., Wellington Meetings)

DCM. MaryAnn S.440 453-4115

e mail maschulz@oh.rr.com

Alt. DCM.Donna L.440 574-3464

Financial Report

Listed below are the Profit & Loss spread sheet, the group donations and the rents for the month of September, 2008.

<u>Expenses</u>		<u>Donations</u>
1.Rent	\$ 700.00	1..... \$ 918.00
2.Columbia Gas	\$ 568.00	2..... \$ 910.60
3.All Service Telephone Answering	\$ 144.53	3..... \$ 635.69
4.Ohio Edison 710 Broadway	\$ 184.89	4..... \$ 606.36
5.Ohio Edison 577 Broadway	\$ 108.31	5..... \$ 332.30
6.Century Telephone	\$ 124.29	
7. House Managers	\$1,359.50	\$3,402.95
8.Pay Cor Fees	\$ 79.33	Donations/Rent \$3,402.95
9.Live Wire Printing	\$ 64.00	Proceeds from Coke
10. Insight Yellow Pages	\$ 18.86	Machine \$ 42.57
11.Tom Ortiz Building Materials	\$ 128.57	Total \$3,445.52
710 Broadway Literature Room		Expenses \$5,065.88
12.Sam Hensley Building Materials	\$ 219.00	Loss Sept. 2008 -\$1,620.36
710 Broadway		
14.Fitzgibbons Arnold & Company	\$1,050.00	
Directors & Officers Liability Ins.		
15.Sam Hensley Locksmith Payment	\$ 215.69	
16.Tony Rico Staples	\$ 25.91	
17. Locksmith 577 Broadway	\$ 55.00	
18. Transportation	\$ 20.00	
	<u>\$5,065.88</u>	

Rents:

Month of September 2008

1. Blue Monday
2. Happy Hour
3. Lorain Consolidated
4. Mid Week Morning Disc.
5. Sharing Our Sobriety
6. Strength In Sobriety
7. Tuesday Night Central

Donations: Month of September, 2008

When making Donations to the Lorain Inter-Group, Area 54, Multi-District, or the General Service Office in New York. PLEASE put your Groups General Service number on the Donation. You can find your Groups General Service number in the meeting schedule or on the internet at aaloraincounty.org under A.A. Meetings. Please put your Area & District numbers on the donation, it also helps to identify your Group. If you don't have a General Service number under your Groups information in the meeting schedule you can contact your District Committee person listed in the LiveWire to help you get registered.

- | | |
|-------------------------------------|---------------------------------------|
| 1. Amherst Saturday | 19. North Ridgeville First Step |
| 2. Arid Lunch Break | 20. Oberlin Breakfast Group |
| 3. Attitude of Gratitude | 21. S.I.O.G.A. |
| 4. Back to Basics Disc. | 22. Serenity Hall |
| 5. Blue Monday | 23. Sheffield Lake Civic Center Group |
| 6. Compass Group | 24. St. Agnes Thursday Night |
| 7. Early Morning Disc. | 25. Stepping Into Sobriety |
| 8. Elyria Men's Stag | 26. Strength In Sobriety |
| 9. Elyria Women's Disc. | 27. Sunday Open Men's Disc. 4PM |
| 10. Friday Night Amherst | 28. Tuesday Night Central |
| 11. Grafton Wednesday Night | 29. Vermilion 12 X !2 Disc. |
| 12. Industrial Group | 30. Vermilion Tuesday AM Disc. |
| 13. LaPorte Tuesday Group | 31. We Care Tuesday Morning Disc. |
| 14. Lorain Consolidated | 32. Wednesday Morning Disc |
| 15. Lorain Inter-Group 50/50 Raffle | 33. Wellington Thursday Night |
| 16. Mid-Week Morning Disc. | 34. Wednesday Early Morning Disc |
| 17. Monday Night Lorain | 35. Who Me |
| 18. New London First Methodist | |

****New Member**

Board of Directors

Chairperson	Tom Ortiz.....315-8600
Vice-Chairperson	Troy Smith.....365-9018
Treasurer	Bill Post.....933-4153
Secretary	Mark Potter.....452-5946
Office Managers	Sam Hensley.....288-4942
	Tom Niemiec.....258-7286
	Keith Shagie.....242-4082

Advisory Board Members

Tom Banks.....	309-3226
Bill Jackson.....	935-3251
Terri Poznako.....	225-6897
Nikki Lustek	225-6036
Donna Lawson	574-3464
**Ken Cain	322-2496