June

"Easy Does It"

area54.org

Unity LiveWire

710 Broadway Avenue Lorain, Ohio 44052

Monday-Friday 9AM-5PM Phone 440 246-1800 Lorain Inter-Group Central Office email address: lorainaa@live.com 2011

Responsibility man

aaloraincounty.org

(From the June 2011 Grapevine Magazine)

The burdens of obligation transform to gifts of sobriety

Before and during my drinking days, people were always talking to me about responsibility. I "had a responsibility" to be an excellent student, obedient son and religious child. I was also somehow responsible that children on the other side of the world didn't go to bed hungry. Later, I was responsible to satisfy my employers' demands, including late hours, much travel, and frequent separation from my family. For most of my life, I thought I was responsible to satisfy other's expectations.

Responsibility equaled an obligation I could never satisfy. The burden was crushing. Well, drinking fixed that. Pleasantly drunk, I could forget my burdens for a while. You'd drink too if you were as responsible as I was.

Thankfully, my Higher Power let the heavy load of my drinking become heavier than anything else in my life. I could finally hear his invitation to the rooms of AA. Gratefully, I was able to respond.

Unfortunately, I brought my idea of responsibility as undying obligation into the rooms. I was frightened by the words on the poster that I am responsible to ensure that the hand of AA is available to anyone who reaches out. I thought of myself responsible to make coffee whenever possible, to chair as many meetings as possible and to sponsor as many people as possible. These actions are positive, and it was good to do them, but I blanketed them all with a misunderstanding that responsibility was a heavy and unwelcome obligation.

Drinking had been a survival skill to bury the burden of responsibility. But now, without drink, burdensome responsibilities remained.

Thank God, my friends in AA saw me as a good person with a very sick outlook on life. They continually peppered me with slogans such as "Easy Does It," "Don't just do something, stand there," "God is in charge, you're not," and "Let Go and Let God."

I became willing to act "as if," and tried to follow my sponsor's suggestion to take off my Superman cape. Then, one day, my Higher Power gave me an insight into responsibility that continues to change my life, a day at a time.

My Higher Power let me see that responsibility could mean "response ability." With his help, I am able to respond to any circumstance in life. I received that gift when I was able to respond to HP's invitation to join AA. In this truer sense, responsibility is a gift, not an obligation. Accepting this gift, a day at a time, has kept the burdens off my shoulder and given me untold opportunities to experience the joy (sometimes painful joy) of responding to life on life's terms.

Among many other things, I am able to respond more appropriately to work-related demands. I can respond gratefully to my employer's ongoing (and happy) payment of my salary by putting in an honest day's work. I can also respond to demands or requests from my bosses that, upon sober thought and with the help of my sponsor, I believe are beyond my current abilities or reasonable boundaries. In other words, I can put into practice the concept that "No" is a complete sentence. Being response-able in the workplace is a gift that has lifted many burdens I once mistakenly assumed.

Perhaps most important to this champion isolator, the gift of being response-able means that there are, and always will be, people in my life to whom I can respond. I once viewed people in my life as imposing, burdensome responsibilities, and I did many harmful things to get away from those responsibilities. Because my Higher Power has made me response-able, this gift gives me the opportunity to have a genuine relationship with other human beings. Like so many other gifts in AA, this is beyond my wildest dreams. To turn the original phrase on its head, you too would be grateful if you were as response-able as I am learning to become.

—Joe V., Munsey Park, N.Y.

June Happiness 2011

Friday Night Amherst 7:30 PM

7:30 PM
Church of the Nazarene
Cooper Foster
Park Rd.
3rd <u>Lexi B.</u>
10th <u>Travis C.</u>
17th <u>Tim Sheridan</u>
24th <u>Janet Finn</u>

Avon Tues. Night 'The Barn'

8:30 PM Methodist Church 37711 Detroit Rd. 7th Pam H. 14th Bill F. 21st Linda H. 28th Chuck A.

Midnight Elyria Group

12:00 AM
St. Mary's Church
4th & Middle Ave.
4th Bobbi M.
11th Larry H.
18th Krissy G.
25th Mike

G.S.R./D.C.M. Meeting: The Multi-District meeting is held at 11 AM on the 1st. Sunday of the month. This meeting is for the General Service Rep's. (G.S.R.) of each Group and the District Committee Member's (D.C.M.). If you want to learn more about service attend this meeting.

The Lorain Inter-Group Meeting is the 1st. Sunday of the month at 12:30 PM. It is very Important that all the Secretaries of each Group attend this meeting. We urge your Attendance (Be Informed, Be Active)

Advisory Board Meeting: The meeting will be held at 6:30 PM on the <u>3rd. Wednesday</u> of the month, at the Inter-Group Office.

Monday Night Lorain 7:30 PM

7:30 PM
Zion Lutheran
Church
5100 Ashland Ave.
6th Jerry G.
13th Chris P.
20th Bonnie L.
27th Terry T.

Fri. Night Faith Group

11:00 PM
1741 N Ridge Rd.
Sheffield Village
3rd <u>Kelly</u>
10th <u>One Topic Disc.</u>
17th <u>Michelle</u>
24th Kelly K.

Friday Nite Haven

7:00 PM
Haven Center
1536 E. 30th St.,
Lorain
3rd Marty F.
10th Krissy G.
17th Lilly R.
24th Dell M.

Lorain Inter-Group 50/50 Raffle

Last month's Lorain Inter-Group 50/50 Raffle. Just another way that you can Help support the Lorain Inter-Group. Buy a <u>TICKET</u>. Be A Winner.

Meeting Update: Monday Night Rainbow Group is no longer meeting due to lack of support.

Step 6: Were entirely ready to have God remove all these defects of character.

<u>Promise 6:</u> That feeling of uselessness and self-pity will disappear.

Grafton Wednesday Night 8:00 PM

8:00 PM
Grafton Fire Station
1050 Novak Rd.,
6th Bas Elliot
13th Roger Buttler
20th Gary Daubner
27th Diane Baker

E A S Y D O E S

I

T

There is always Space
Available in The
LiveWire for your
Group's Messages,
News, Activities &
Anniversaries
Contact:
Vicki T.
440 225-1314

Tradition 6:An A.A. Group ought never endorse, finance, or lend the A.A. Name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

<u>Concepts 6:</u> The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.

Happy Father's Day!!

For information on Cocaine Anonymous, Narcotics Anonymous or Al-Anon meetings, please contact the Intergroup office at 440-246-1800.

"Everything I have today I owe to AA," is a statement I hear many times. I truly believe that statement. With a little over five years of living a new way of life, it's not what I have on the outside, but what's on the inside. Sure, material things would be nice. I had it all at one time. Never did I get enough of what I wanted, though.

I was heavily in debt with little to show for it when I arrived at the doors of AA. In sobriety, it was my choice to try and be responsible selling off different items to ease my money burdens. It really hurt to part with my beautiful, two-door sports car. That was probably the hardest to let go of. I've slowly been letting go of the temporary to gain the everlasting.

This month, I'm completely debt-free. Wow, I never thought that was possible. My present job allows me a modest car and they take care of all expenses. My daughter moved out on her own, and not because she was running away from me like she used to. Our relationship is wonderful today. I've moved in with my partner of six years and have opened a savings account to buy my own car one day. I'm not allowed to have credit cards anymore.

Truly I am grateful for the clothes on my back and in my closet, for those are the only material things I possess. If it's not in my life right now, I don't need it. If it is in my life right now, I'm grateful.

Happiness to me is a state of mind and body, not about who I'm with, what I have, or where I am. A while back this fellow asked me if I was always this happy. Why wouldn't I be? I'm no longer a fall-down-backward-blackout-throw-up drunk. I believe the Twelve Steps work through me so long as I continue to do what is suggested on a daily basis. I thank God for another day to play in his playground every morning. For me, everything I have I certainly owe to AA, the fellowship and my higher power.

Janis H.—Ontario, Canada

29th ANNUAL **NEW LONDON CAMPOUT** Thursday June 23rd through Sunday June 26th, 2010 **New London Recreation** Park, New London, Ohio **Grove Street** (off State Rt. 60) For more information call:

Bas and Judy Elliott 419-929-0054 Mary Ott 419-668-4122 Pat Morgan 440-225-0125 Larry Nagy 440-371-4751

13th Anniversary Monday Night **Big Book Discussion** June 6, 2011

Dinner: 6:00 pm Lead at 7:00: Bobby K. ARID Club 1741 N. Ridge Rd.

Sheffield Township

ARID

Fellowship Club

Is seeking volunteers to keep our doors open. 3 months continued sobriety required to volunteer.

Call Christina At ARID: 233-4801 Cell: 309-3536

Gratitude Breakfast

Monday, July 4, 2011 9:00 a.m Breakfast 10:00 a.m. Gratitude Meeting

AA/AlAnon

St. Peter's Church Gym 35777 Center Ridge Rd. N.Ridgeville, OH 50/50 Raffle

Hat will be passed for donations

15th Anniversary Monday, June 27, 2011 New Life Women's

Discussion Group

First Congregational United **Church of Christ** 36363 Center Ridge Road **North Ridgeville**

> Food: 7:30 pm Lead: 8:00 pm



June Anniversary

6/3 Jennifer G. 1 yr. 6/6 James P. 2 yr. 6/9 Tom C. 27 vrs. 6/9 Chris 1 yr. 6/9 Bob P. 10 yrs. 6/10 Donna Mc. 29 yrs. 6/10 Maggie M. 2 yrs. 6/12 Larry H. 23 yrs. 6/14 Bonnie L. 8 yrs. 6/16 Norma K 4 yrs. 6/20 Bob P. 2 yrs. 6/20 Wendy C. 16 yrs. 6/22 Jimmy K. 5 yrs. 6/24 Jason P. 12 yrs. 6/24 Kayla 4 yrs.

Friends of Bill W. Picnic

Sunday, June 26, 2010 Noon - 5 pm

Birmingham Methodist Youth Center, South Street, Birmingham

Food, burgers and dogs and drinks on us Bring a dish to share. Games for the kids, door prizes and a 50/50 raffle.

We had a great time last year, come join us for our annual gathering of fellowship and fun!

Anyone willing to help or donate please call the number below.

For info or tickets call: Art 440-773-9474

Thought for the Day:

"Don't judge each day by the harvest you reap but by the seeds you plant!"

Easy Does It

Phone Line Report:

Month of May 2011

12 Step Calls..... Sponsorship..... Al-A-Non..... 81 **Meeting Info....** 65 General Info..... 113 Phone Service.....

Total:..... 276

Notice to All

The Lorain Intergroup Office is actively seeking new Advisory Board Members., especially from Vermilion, Lorain, Avon Lake, Sheffield, Wellington, Grafton or North Ridgeville areas of the county. Requirements are 3 years of continued sobriety, availability on the 3rd Wednesday of the month and 1st Sunday of the month for meetings, and a commitment to service. If you are interested, please submit a letter of intent to any board member or contact the InterGroup Office.

Friday Nite Haven 7:00 p.m.

Survivors List:

Groups in need of

Support to stay afloat . Please

Attend, Contribute,

Be Active, Help Chair,

Be a Secretary,

Be Responsible

Tuesday Night Haven

7:00 p.m.

Haven Center 1536 E. 30th St., Lorain Sat. Young Person's

Group

Sat. 2:00 PM

Monday Big Book

Discussion 7:30 PM

Friday Night Faith Group

11:00 PM

Arid Club 1741 N.Ridge Rd.

Midnight Elyria Group

12:00 AM

St. Mary's Church 4th & Middle Ave.

Great Fact Group

Wed. 12:00 pm

Pilgrim United Church of Christ

523 E. Broad St. & Winckles St., Elyria

> Sunday Living Life 5:30 PM

1730 Broadway JFK **Back Entrance**

Turning Point

Thursday 6:00 PM Elyria Baptist Church 276 Washington Ave.

We Need Your Help!! Don't let them Close **HELP SUPPORT** THE GROUPS.



ATTENTION: Lorain County A.A. Community - help needed on various Committees! If interested, please contact one of the Advisory Board Members and <u>VOLUNTEER!!!!</u> Help Make A Difference!!

and VOLUNTEER !!!! Help Make A Difference!!
Committee Chairs
Unity LiveWire Committee Vicki Tomlinson
Internet Committee (aaloraincounty.org) Mike440 670-9910 e mail webmaster@aaloraincounty.org
Correctional Committee Alan Revercomb440 541-2473
<u>Archives Committee</u> Linda S440 245-2928
Public Information Committee Opal A440 670-6619
Picnic Committee Art C440 773-9474
<u>Treatment Facilities Committee</u> Patti Rodgers440-284-6677
Pig Roast Committee Troy Smith440 365-9018
Memorial Day Breakfast Committee Donna Lawson440 574-3464
Grapevine Committee Linda S440 245-2928 Coretta Farley440 308-1714 District Committee
District 19A (Sheffield Lake, Avon Lake, Sheffield, Avon, N. Ridgeville, Eaton, Columbia, Grafton DCM Ellen Winson
District 19B (Lorain City Meetings and some in Vermilion) DCM. Linda S440-245-2928 Alt. DCM Opal A440-670-6619
District 20A (All of Elyria City Meetings a Carlisle) DCM Patty McMullen440 365-3778
District 20B (All Meetings at ARID Club) DCM. Judy Sexton440 322-2619
District 20C(LaGrange, Penfield, Brownhelm Tnsp., Amherst, Henrietta Tnsp., S. Amherst, Kipton, Oberlin, Camden Twsp., Pittsfield Twsp., BrightonTwsp., Wellington Meetings) DCM. Patti Rodgers

Alt DCM Donna Lawson......440 574-3464

Financial Report

Listed below are the Profit & Loss spread sheet, the group donations and the rents for the Month of April, 2011.

Rents:

Month of April, 2011 1.R

- 1. Friday Morning Survivor
- 2. Lorain Consolidated Group
- 3. Mid Week Morning discussion
- 4. Serenity Hall
- 5. Sharing Our Sobriety
- 6. Spanish American
- 7. Strength In Sobriety
- 8. Tuesday Night Central
- 9. Unity Hall Discussion

Expenses

Donations/Rents

Bv Week

1.Rent	\$650.00
2.Columbia Gas	\$168.00
3.All Service Telephone Answering	\$155.39
4.Ohio Edison 710 Broadway	\$160.73
5. Time Warner	\$90.76
6. House Managers	\$1,479.08
7.Pay Cor Fees	\$64.29
8.Live Wire Printing	\$69.00
9. Berry Yellow Pages	\$20.26

2.....

4.....

5.....

\$2,857.51

Month of April 2011

 Donations/Rents
 \$3,375.65

 Interest Income
 \$0.37

 Total Income
 \$3,376.02

 Expenses
 \$2,857.51

\$2,007.01

\$3375.65

\$472.75

\$1,407.27

\$1,116.69

\$463.19

\$1,007.63

Total Gain April, 2011 \$518.51

When making Donations to the Lorain Inter-Group, Area 54, Multi-District, or the General Service Office in New York. PLEASE put your Groups General Service number on the Donation. You can find your Groups General Service number in the meeting schedule or on the internet at <u>aaloraincounty.org</u> under A.A. Meetings. Please put your Area & District numbers on the donation, it also helps to identify your Group. If you don't have a General Service number under your Groups information in the meeting schedule you can contact your District Committee person listed in the LiveWire to help you get registered.

Donations

- 1. Amherst Saturday Night
- 2. Attitude of Gratitude
- 3. Avon Lake 12 X 12 Discussion
- 4. Avon Lake Saturday Morning Discussion
- 5. Back To Basics Discussion
- 6. Elyria Men's Stag
- 7. Elyria Monday Closed Discussion
- 8. Elyria New Way of Life
- 9. Elyria Sunday Night Group
- 10. Elvria Women's Discussion
- 11. Friday Morning Survivor
- 12 Friday Night Amherst
- 13. Grafton Wednesday Night
- 14. LaPorte Tuesday Group
- 15. LCCC After Lunch Bunch Discussion
- 16. Lorain Inter-Group 50/50 Raffle
- 17. Lorain Wednesday Group

- 18. Memorial Donation
- 19. Mid Week Morning discussion
- 20 Monday Night Lorain
- 21. New Life Women's Discussion
- 22. North Ridgeville Friday Night Discussion
- 23. North Ridgeville Men's
- 24. Oberlin Breakfast Group
- 25. Oberlin Group
- 26. Saturday Morning Discussion
- 27. Saturday Night Security
- 28. Serenity Hall
- 29. Sheffield Lake Civic Center Group
- 30. St. Agnes Thursday Night
- 31. Stepping Into Sobriety
- 32. Strength in Sobriety
- 33. Sunday Open Men's Discussion
- 34. Vermilion Tuesday Night Big Book

Board Of Directors

Chairperson	Ken Cain	322-2496
Vice-Chairperson	Donna Lawson	574-3464
Treasurer	Bill Post	
Secretary	Mark Potter	452-5946
Office Managers	Sam Hensley	288-4942
8	Tom Niemiec	
	Keith Shagie	

Advisory Board Members

Troy Smith	365-9018
Tom Ortiz	315-8600
Nikki Lustek	409-2136
Vicki Tomlinson	225-1314
Rich Yowler	477-1019
Paul Benson	933-3925
Patti Rodgers	284-6677