

# January

# Unity LiveWire

# 2010

**"Easy Does It"**

• area54.org •  
aaloraincounty.org

710 Broadway Avenue Lorain, Ohio 44052

Monday-Friday 9AM-5PM Phone 440 246-1800  
Lorain Inter-Group Central Office email address: lorainaa@live.com

**"First Things First"**

• aa.org •  
aaloraincounty.org

## House Afire

(A.A. Grapevine, June 1966, Vol. 23, No. 1)

STEP One involves two distinct though closely related admissions both of which are strong medicine for me as a person with a drinking problem. If I feel that I have accepted this Step without any difficulty, there is a good chance that I am self-deceived as to its depth of meaning. On the other hand, if I balk at it, I have seriously damaged my capacity to get any help from the eleven Steps which follow. In either case my life on the AA program, my ability to have a sane understanding of my alcoholic problem, and my chance for lasting sobriety are endangered. Therefore, it follows that the course of safety for me must avoid these pitfalls and must involve a coming-to-terms with the whole Step at some depth.

The first admission is that of powerlessness over alcohol; the second is that of unmanageability in the life. At once I am thrown into conflict with one of my most deeply held and dearly cherished ideas, one which seems to have the strong support of much of the secular wisdom of my society, namely, that as long as I am alive and possessed of even the smallest shred of my rational faculty, I must retain some control over every aspect of my conscious behavior. Am I not "the master of my fate. . .the captain of my soul" (never mind that the author of those lines died a suicide)?

That I do not have total control over my drinking is obvious. That I have less control over alcohol now than I did a year ago I can accept--likewise that if I continue my course for another year (provided I survive the experiment) I will have less control than I do now. I will even concede a 99 per cent loss of control, for that still leaves my willpower and self-respect some little place of refuge. But the word "powerlessness" clearly implies a total and complete failure of willpower and self-help of all descriptions in the area of my relationship to alcohol. All those deeply ingrained ideas about self-reliance, pride, backbone, intelligence, gumption, etc., rebel at the thought of such an unconditional surrender.

The first answer to the emotional and intellectual objections to accepting for fact that I am completely powerless is a pragmatic one. Three hundred and fifty thousand or more people have gained freedom from the same problem through the means of the AA program which has this assertion as its starting point. The proposition that victory can begin with an admission of total defeat seems at first impossible, ridiculous. Experience has proven it to be in actuality that most effective of truths, a paradox and, most important, a paradox which is uniquely effective for people in trouble with alcohol.

As a self-styled intellectual I may need more in the way of convincing than an appeal to results. Why does this paradox work? Quite simply, Step One works because it does not stand alone. Clearly, it would be dangerous for me to admit powerlessness if I then had no further steps to take to fill the power vacuum in myself. Such a surrender as an only or final step could, followed to its logical conclusion, lead to utter despair and the various ugly consequences which go along with that state. But Step One is not in any sense a final one. Rather, it is the gateway to the whole program of twelve interrelated and interdependent Steps which can serve to connect me in a practical, everyday way with a source of power strong enough to let me live a normal, useful existence.

As an alcoholic I am a man with life-trouble comparable to a house on fire. My self-will has proven to be about as effective a fire extinguisher as gasoline. The flames have trapped me on the ledge of a fifth-floor window. Below me on the ground stand firemen holding a net. Do I jump, or do I re-enter the house and try to put out the fire with my last, half-empty can of gasoline? Does it make sense that I can save my life by jumping out of a fifth-story window? If I believe that the net will catch me as it has caught so many before me, it makes sense. But whether or not it makes sense to my frantic remnants of understanding, the fact is that only by jumping from the window do I have a chance to live. The first Step is like that.

T. P., Jr.  
Hankins, New York

January

Accept, Don't Expect

2010

**Mon. Night**

**Lorain**

**7:30 PM**

Zion Lutheran Church  
5100 Ashland Ave.  
4th. James M.  
11th. A.J.  
18th Margie L.  
25th. Joyce P.

**Fri. Night**

**Faith Group**

**11:00 PM**

1741 N Ridge Rd.  
1st. Corey C.  
8th. Clark R.  
15th. Frankie B.  
22nd. James M.  
29th Stacey S.

**Friday Night**

**Sobriety**

**8:00 PM**

First Merit Bank  
Center St., Lagrange  
8th Jerry W.  
15th Larry V.  
22nd Mike W.  
29th Sober  
**Alcoholic**

**G.S.R./D.C.M. Meeting:** The Multi-District meeting is held at 11 AM on the 1st. Sunday of the month. This meeting is for the General Service Rep's. (G.S.R.) of each Group and the District Committee Member's (D.C.M.). If you want to learn more about service attend this meeting.

**The Lorain Inter-Group Meeting** is the 1st. Sunday of the month at 12:30 PM. It is very Important that all the Secretaries of each Group attend this meeting. We urge your Attendance (Be Informed, Be Active)

**Advisory Board Meeting:** The meeting will be held at 6:30 PM on the 3rd. Wednesday of the month, at the Inter-Group Office.

**Meeting Change:** Lorain Industrial Group, Wednesday at 8:00 p.m., has moved to Delaware Avenue Methodist Church at 658 East Erie Ave. (corner of Delaware & E. Erie)

**"Bring the body, the mind will follow"**

**Grateful:** Today I am grateful for a new life, one in which my prayers are those of thanksgiving. My prayer time is more for listening than for talking. I know today that if I cannot change the wind, I can adjust my sail. I know the difference between superstition and spirituality. I know there is a graceful way of being right, and many ways to be wrong.

**Lorain Inter-Group 50/50 Raffle**

Just another way that you can Help support the Lorain Inter-Group. Buy a TICKET . Be A Winner. This month's 50/50 of \$114.00 was won by Bruce B. and sold by Smiley Joe.

**Prayer for the Day:** I pray that God will guide me one day at a time in the New Year. I pray that for each day, God will supply the wisdom and the strength that I need, so I may be there for others.

**"With God, all things are possible!"**

**Concepts 1:** Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

**Step 1:** We admitted we were powerless over alcohol, that our lives had become unmanageable.

**Promise 1:** We are going to know a new freedom and a new happiness.

**Tradition 1:** Our common welfare should come first; personal recovery depends upon A.A. Unity.

There is always  
Space  
Available in  
The LiveWire  
for your Group's  
Messages, News  
& Activities  
Contact:  
Vicki T.  
440 225-1314

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**Mid- Night**

**Elyria Group**

**Sat. 12:00 PM**

4th & Middle Ave.  
2nd Greg R.  
9th. Discussion  
16th Iris  
23rd. Dave N.  
30th. Steve S.  
(free dinner)

**THANKS!** The Knight family would like to thank all Lorain County AA's for support and prayers for Mary K.

**Thought to Ponder:** Breathe in faith, breathe out fear.

**Vermilion Thursday closed Discussion** time is from 6:30-7:30

**ATTN: New Email Address**

Due to changes to the computer system at Intergroup Office, our Email address has changed to:  
**lorainaa@live.com**

Our own Carlos V's daughter will be singing the National Anthem at the Cleveland Browns game on Jan. 3rd, 2010.

\*To submit information for the news letter please contact: Vicki T. 440 225-1314, Jim Parks 440 385-5687, Bobbi Matear 440 537-4280, Opal A. 440 670-6619, Donna L. 440 574-3464, Amy D. 440 714-7444, via: Call, email or leave the information at the Inter-Group Office before the 25th. of each month.

## ***Anniversary***

**• 23 years •**

***January 15h***

***Friday Night***

***Sobriety***

*8:00 p.m.*

*First Merit Bank*

*106 Center St., Lagrange*

*Lead: Larry V.*

***Easy Does It***

### **• January Anniversary •**

Jan.1st Greg R. 15 yrs.  
Jan.4th Hal S. 26 yrs.  
Jan.4th Rick B. 4 yrs.  
Jan. 4th John P. 17 yrs.  
Jan.9th Linda S. 12 yrs.  
Jan.10th Ken C. 13 yrs  
Jan.10th Irvin R. 8 yrs.  
Jan.12th Iris M. 14 yrs.  
Jan.16th Kevin S. 17 yrs.  
Jan.16th Tracey H. 2 yr.  
Jan.17th John N. 26 yrs.  
Jan.20th Opal A. 3 yrs.  
Jan. 20th Nicole D. 3 yrs.  
Jan.24th Mark W. 21 yrs.  
Jan.29th. Don F. 25yrs.

### **Phone Line Report:**

Month of December 2009

12 Step Calls.....	2
Sponsorship.....	4
Al-A-Non.....	7
Meeting Info.....	105
General Info.....	62
Phone Service.....	92
Total:.....	<u>272</u>

**Service  
Through  
Action**

### **Survivors List:**

*Groups in need of  
Support to stay afloat Please  
Attend, Contribute,  
Be Active, Help Chair,  
Be a Secretary,  
Be Responsible*

### **Lorain Consolidated**

**Sunday 2:30 PM**  
*710 Broadway Ave. Lorain*

### **Serenity Hall**

**"The Gould"**

**Sat.8:30pm**  
*710 Broadway Ave. Lorain*

### **St Agnes Thurs. Gp.**

**Thurs. 8:00 PM**  
*St. John's Luthern Church  
W. River Road*

### **St. Anthony's**

**Fri. Nite**  
*1305 E. Erie Ave.  
Lorain*

### **Friday Night Faith**

**Fri. 11:00 PM**

### **Monday Night Big Book**

**Mon. 7:00 p.m.**

### **Sat. Young Person's**

**Group**

**Sat. 2:00 PM**

### **Sun. Night Serenity**

**Sun. 8:00 PM**  
*Arid Club, 1741 N. Ridge Rd.,  
Sheffield Township*

***We Need Your Help!!***

***Don't let them Close***

**HELP SUPPORT**

**THE GROUPS.**

**"Don't take yourself so damn seriously!"**

When I came into the program, everything was a big deal, and I was very serious. My finances, my future, my wrecked relationships - everything was overwhelming. I remember attending meetings and hearing the laughter and thinking, "What's so damn funny? The only reason we're here is because our lives suck!" It took me quite a while before I could join in with that laughter, and the moment I did my life began to change.

As I got further into the program, that sense of impending doom began to dissipate, and I felt like I could breathe again. The secrets and shame I had hidden so long began to come out, and as I shared what was inside me with others, I began to feel lighter. I began to laugh more at myself and with others, and I finally began to feel human and a part of again. Most of all, I started to realize what was truly important.

Today I know that the future will take care of itself if I take care of today. I now have faith that there is a God working in my life and that even if things don't go my way, that's not only OK, it often turns out for the better. Today, money isn't as important as relationships, and the only thing that really matters is health and sobriety.

Today I've learned to live life on life's terms and, most of all, not to take myself so damn seriously.

([www.wisdomoftherooms.com](http://www.wisdomoftherooms.com), Dec. 28, 2009)

For information on Cocaine Anonymous, Narcotics Anonymous or Al-Anon meetings, please contact the Intergroup office at 440-246-1800.

**One Day At A Time**

**ATTENTION: Lorain County A.A. Community - help needed on various Committees! If interested, please contact one of the Advisory Board Members and VOLUNTEER!!!! Help Make A Difference!!**

**Committee Chairs**

**Unity LiveWire Committee**

Vicki Tomlinson..... 440 225-1314

\*e mail vickitom@oh.rr.com

Jim Parks.....440 385-5687

\*e mail jbparks2542@yahoo.com

**Internet Committee (aaloraincounty.org)**

Mike.....440 670-9910

e mail webmaster@aaloraincounty.org

**Cooperation with the Professionals Committee**

Alan Revercomb .....440 541-2473

**Correctional Committee**

Alan Revercomb .....440 541-2473

**Archives Committee**

Linda S. ....440 240-1189

**Young Peoples Committee**

John Flores.....440 308-5421

**Picnic Committee**

Sue Prosser.....440 309-0491

**Finance Committee**

Mark Potter.....440 452-5946

**Pig Roast Committee**

Troy Smith.....440 365-9018

**Special Needs Committee**

Yolanda A. ....440 541-4843

**Memorial Day Breakfast Committee**

Terry Poznako.....440 225-6897

**Grapevine Committee**

Linda S. ....440 240-1189

Coretta Farley .....440 308-1714

**District Committee**

**District 19A (Sheffield Lake, Avon Lake, Sheffield, Avon, N. Ridgeville, Eaton, Columbia, Grafton**

**DCM. James Barker.....440 233-4992**

**District 19B (Lorain City Meetings and some in Vermilion )**

**DCM. Yolanda A. ....440 541-4843**

**District 20A (All of Elyria City Meetings a Carlisle)**

**DCM. Judy Sexton. ....440 322-2619**

**Alt. DCM Patti M .....440 365-3778**

**District 20B (All Meetings at ARID Club)**

**DCM. Kevin Snodgrass .....440 241-7166**

**District 20C(LaGrange, Penfield, Brownhelm**

**Tnsp., Amherst, Henrietta Tnsp., S. Amherst, Kipton, Oberlin, Camden Twsp., Pittsfield Twsp., Brighton Twsp., Wellington Meetings)**

**DCM. Patti R. ....440-284-6677**

**Alt DCM Donna L.....440 574-3464**

**Financial Report**

Listed below are the Profit & Loss spread sheet, the group donations and the rents for the Month of November, 2009.

**Expenses**

1.Rent	\$ 650.00
2.Columbia Gas	\$ 24.00
3.All Service Telephone Answering	\$ 147.47
4.Ohio Edison 710 Broadway	\$ 157.66
5. Time Warner	\$ 91.46
6. House Managers	\$1353.34
7. Pay Cor Fees	\$ 64.57
8. Live Wire Printing	\$ 69.00
9. Berry Yellow Pages	\$ 19.46
10. Petty Cash	\$ 100.00

**\$2,676.96**

**Month of November, 2009**

Donations/Rents	\$5,126.71
Coca Cola Sales	\$ 12.88
<b>Total Income</b>	<b>\$5,139.59</b>
Expenses	<u>\$2,676.96</u>

**Total Gain November, 2009 \$2,462.63**

**Donations/Rents**

1.....	\$1,235.81
2.....	\$1,265.50
3.....	\$750.10
4.....	\$1,134.10
5.....	<u>\$741.20</u>

**5,126.71**

**Rents:**

**Month of November, 2009**

1. Blue Monday
2. Lorain Consolidated
3. MidWeek Morning Discussion
4. Never Too Young
5. Serenity Hall
6. Sharing Our Sobriety
7. Spanish American
8. Strength In Sobriety
9. Tuesday Night Central
10. Unity Hall Discussion
11. We Care Tuesday

When making Donations to the Lorain Inter-Group, Area 54, Multi-District, or the General Service Office in New York. PLEASE put your Groups General Service number on the Donation. You can find your Groups General Service number in the meeting schedule or on the internet at [aaloraincounty.org](http://aaloraincounty.org) under A.A. Meetings. Please put your Area & District numbers on the donation, it also helps to identify your Group. If you don't have a General Service number under your Groups information in the meeting schedule you can contact your District Committee person listed in the LiveWire to help you get registered.

**Donations**

- |                                     |   |
|-------------------------------------|---|
| 1. 12x12 Discussion Avon Lake       | 20. Mid Week Morning Discussion               |
| 2. Amherst Saturday Night           | 21. Midnight Elyria Group                     |
| 3. Anonymous                        | 22. Monday Night Lorain                       |
| 4. Blue Monday                      | 23. New Life Women's Discussion N. Ridgeville |
| 5. CBS Big Book Study               | 24. Oberlin Breakfast Group                   |
| 6. Elyria Friday Night              | 25. Oberlin Group                             |
| 7. Elyria Men's Stag                | 26. Oberlin Women's Closed Group              |
| 8. Elyria Monday Closed Discussion  | 27. Rainbow Group                             |
| 9. Elyria Morning Discussion        | 28. Saturday Night Security                   |
| 10. Elyria New Way of Life Group    | 29. Serenity Hall                             |
| 11. Elyria Sunday Night             | 30. Sheffield Lake Civic Center Group         |
| 12. Friday Night Amherst            | 31. Spanish American                          |
| 13. Friday Night Sobriety           | 32. Stepping Into Sobriety                    |
| 14. Grafton Wednesday Night         | 33. Strength in Sobriety                      |
| 15. Harbortown Breakfast            | 34. Sunday Open Men's Discussion              |
| 16.. Lagrange Monday Night          | 35. Tuesday Morning Discussion                |
| 17. Laporte Tuesday Group           | 36. Vermilion Discussion                      |
| 18. Lorain Inter-Group 50/50 Raffle | 37. We Care Tues. Morning Discussion          |
| 19. Lorain Wednesday Group          | 38. Who Me                                    |

**Board Of Directors**

Chairperson	Troy Smith.....365-9018
Vice-Chairperson	Ken Cain..... 322-2496
Treasurer	Bill Post.....933-4153
Secretary	Mark Potter.....452-5946
Office Managers	Sam Hensley.....288-4942
	Tom Niemiec.....258-7286
	Keith Shagie.....258-1159

**Advisory Board Members**

Tom Ortiz.....315-8600
Tom Banks.....309-3226
Bill Jackson.....935-3251
Terri Poznako.....225-6897
Nikki Lustek.....666-8783
Donna Lawson .....574-3464
Alan Revercomb.....541-2473